

# UNDERSTANDING THE FUNCTIONS OF BEHAVIOR

## RESPONDING TO ESCALATING BEHAVIOR

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Set Up	Set Off	Target Behavior	Reinforces
<ul style="list-style-type: none"> <li>• Basic Needs Unmet</li> <li>• Schedule Changes</li> <li>• Self Talk</li> <li>• Anxiety Bound</li> <li>• Tired or Hungry</li> <li>• Medication</li> <li>• Mental Health Issues</li> <li>• Self Medication</li> <li>• Reported Home Issue</li> <li>• Processing Skills</li> <li>• Dysfunctional Coping</li> </ul>	<ul style="list-style-type: none"> <li>• Changes &amp; Transitions</li> <li>• Self Talk</li> <li>• Peer Interaction</li> <li>• Perceived Threats</li> <li>• Feeling Disrespected</li> <li>• Feeling Threatened</li> <li>• Performance or Academic Expectations</li> <li>• Skill Deficits</li> </ul>	<ul style="list-style-type: none"> <li>• Escalation of Verbal or Physical Aggression</li> </ul>	<ul style="list-style-type: none"> <li>• Reactive or Negative Attention</li> <li>• Avoidance of Work</li> <li>• Sense of Control</li> <li>• Release of Anxiety</li> <li>• Direction for Action</li> <li>• Dysfunctional Congruence</li> <li>• Sense of Peer Identification</li> </ul>
Options, Modifications, Interventions, & Potential Support			
<ul style="list-style-type: none"> <li>• Engage Student in Relevant Topics</li> <li>• Teach Student Skills in Problem Solving</li> <li>• Grounding Exercise</li> <li>• Accommodations for Special Needs</li> </ul>	<ul style="list-style-type: none"> <li>• Pre-correction</li> <li>• Debrief Incidents</li> <li>• Teaching Options for Anxiety</li> <li>• Shadowing</li> <li>• Offering Choices</li> <li>• Teach Skills</li> <li>• Linking Cause &amp; Effect</li> </ul>	<ul style="list-style-type: none"> <li>• Student Responding to Adult Directions &amp; Able to Make Responsible Choices</li> <li>• Increase on Task Rates</li> </ul>	<ul style="list-style-type: none"> <li>• Recognition &amp; Encourage for Effort</li> <li>• Positive Attention When Responsive</li> <li>• Options for Becoming Frustrated</li> <li>• Validate Feelings</li> </ul>